

# Suicide

**Directorate of Mental Health**

# Global situation

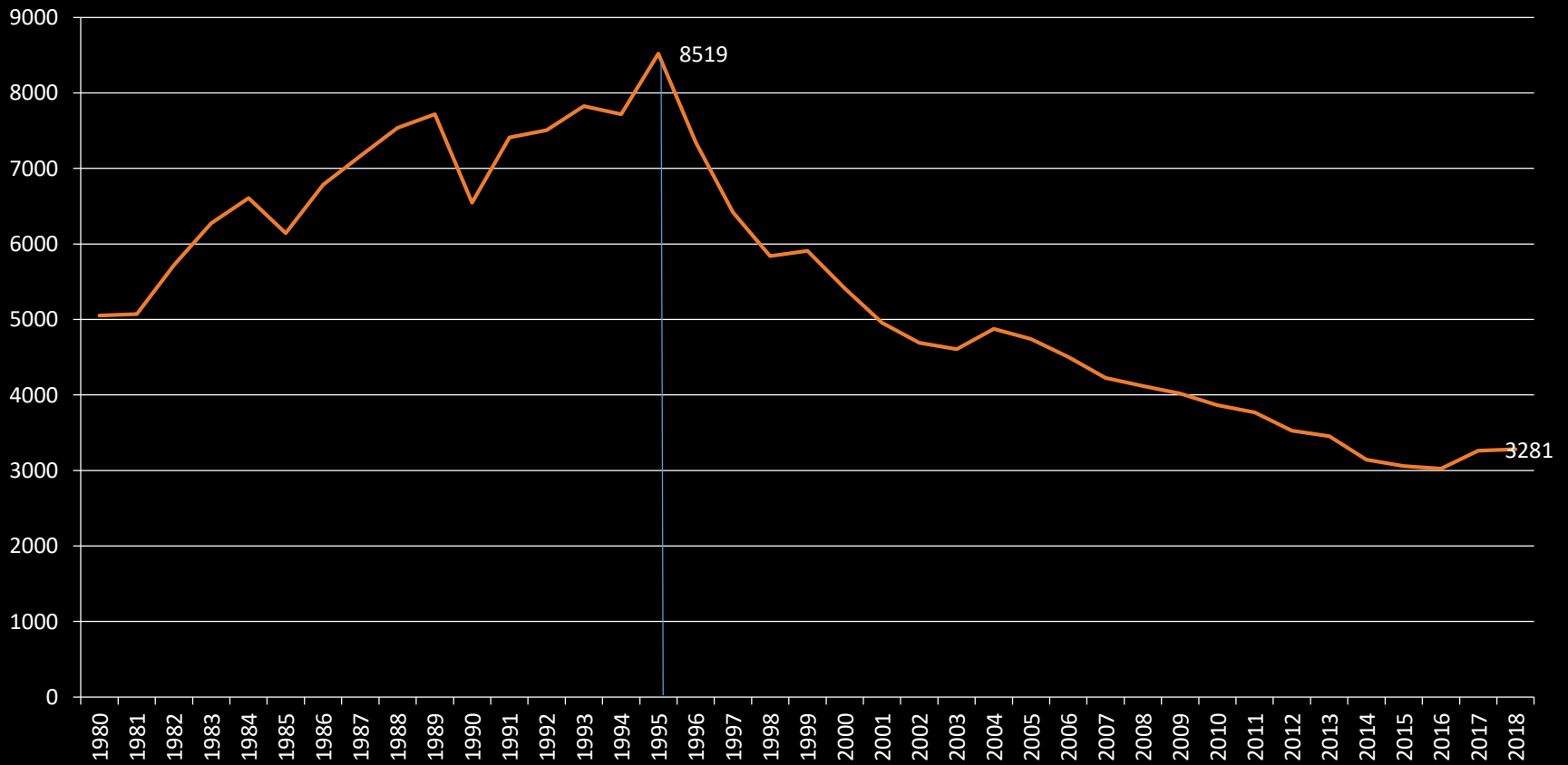
- One person commits suicide every 40 seconds
- More than 800 000 suicides every year
- For every suicide there are many more people who attempt suicide
- (World Health Organization 2019)

# Suicides in Sri Lanka 2020 - 2021

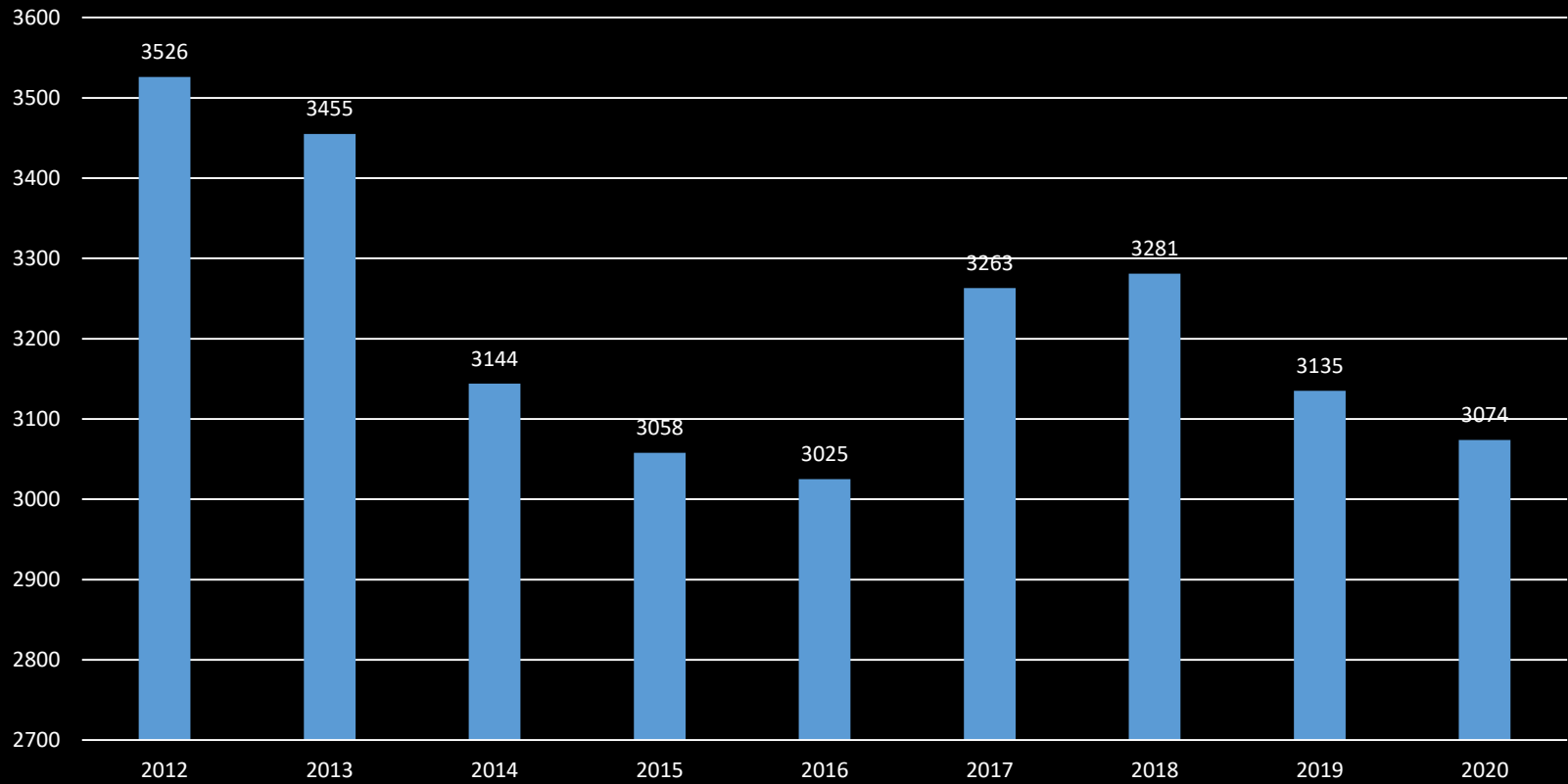
2020	2021
Total Suicides - 3074	3279
14.2 per 100000 population	15.24 per 100000 population
Source : Police Dept	

# Trends of Suicides in Sri Lanka

Trends in Suicides

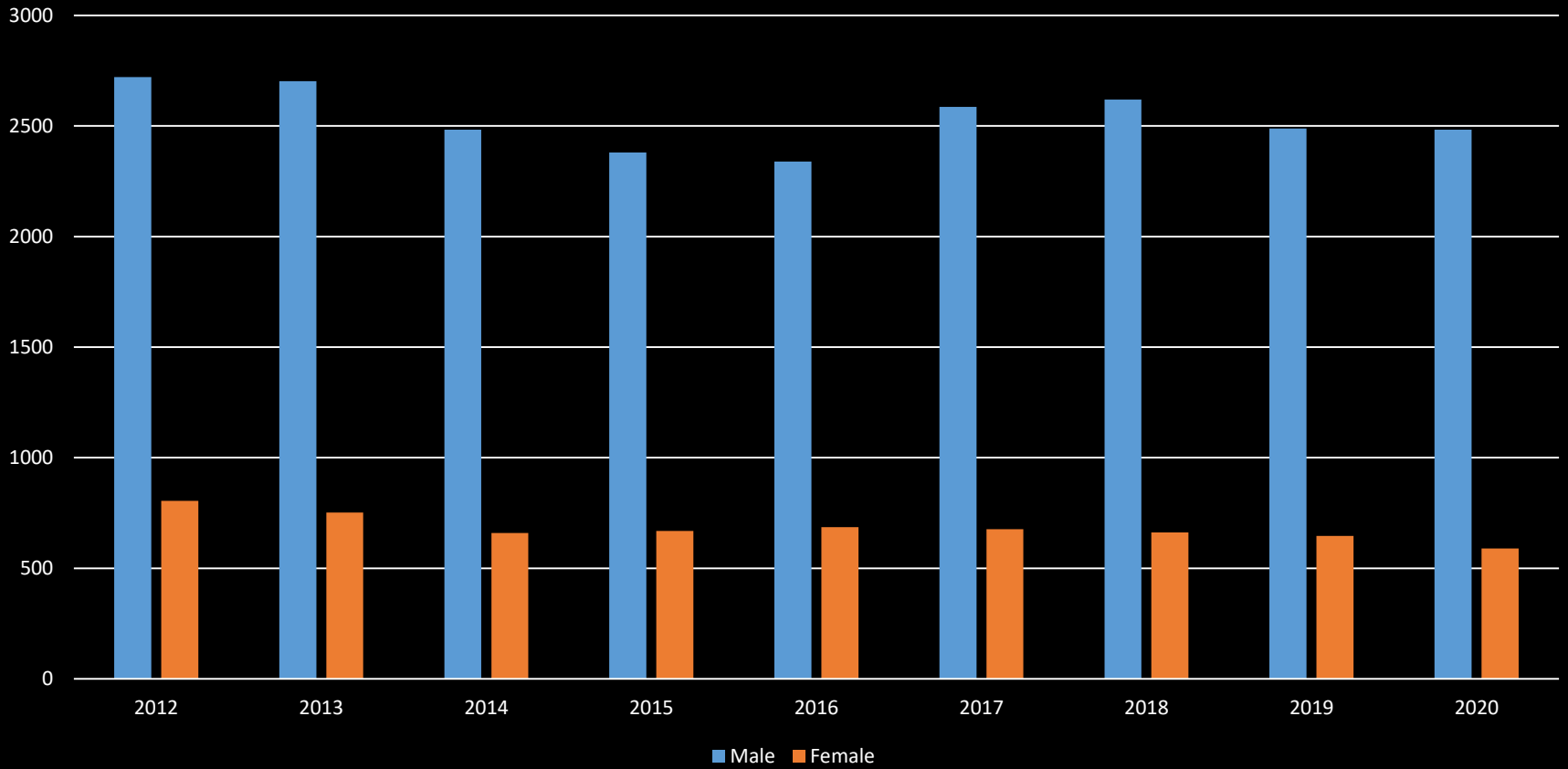


# Trends in suicide



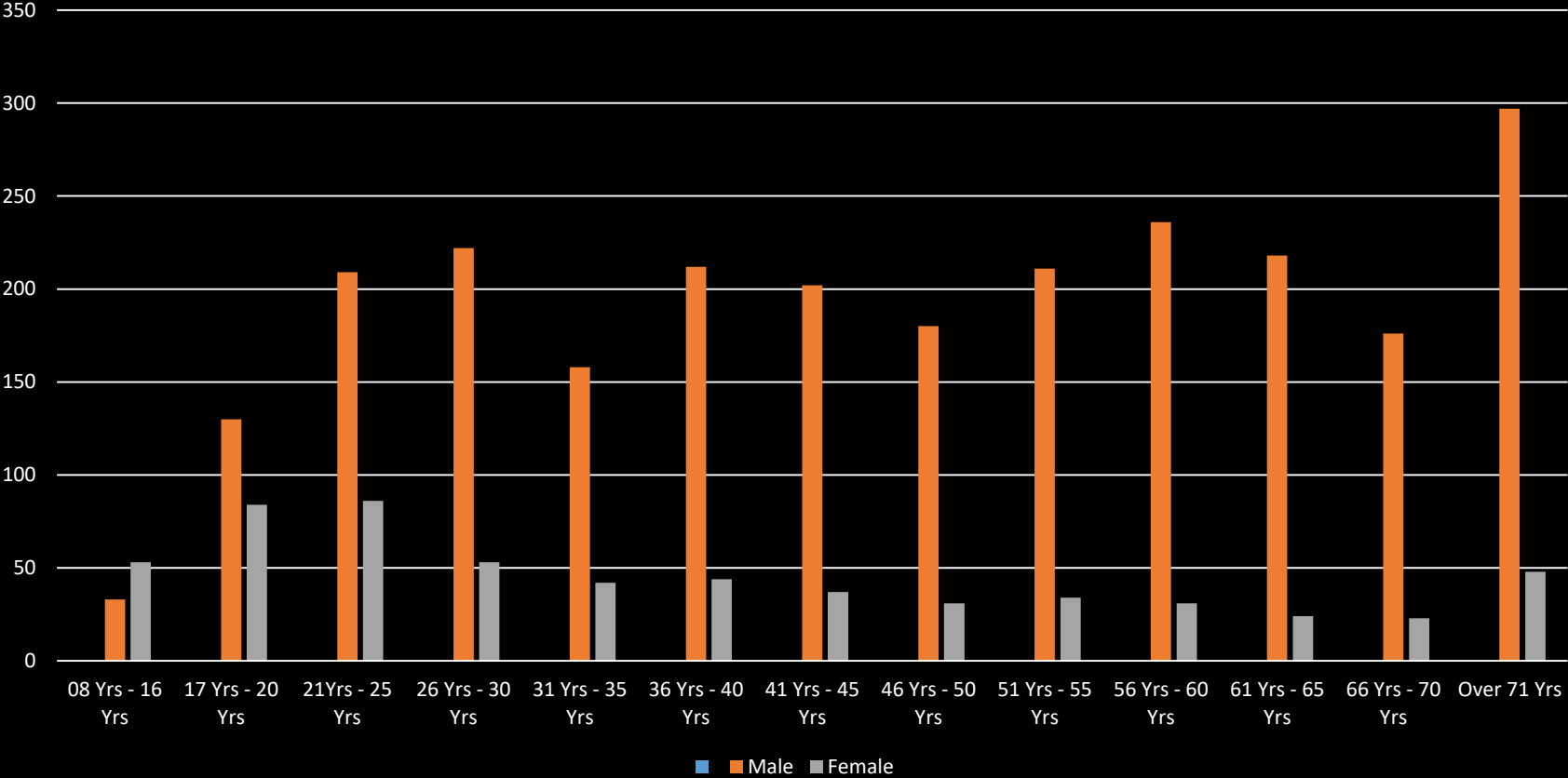
# Trends in suicide

No of suicides by sex



# Suicide – 2020 – According to Age

Suicides in 2020 - Age Distribution



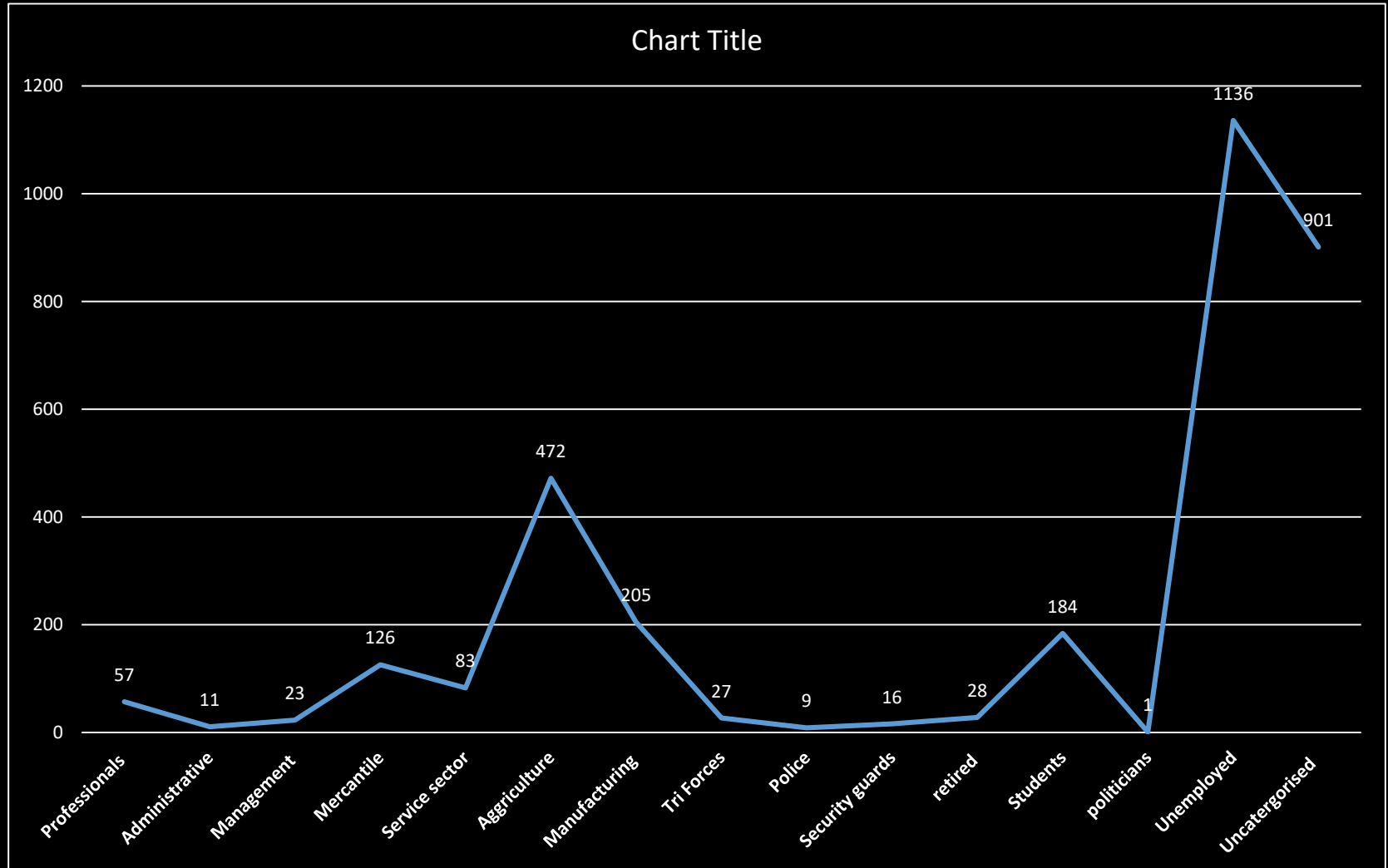
# Reasons for suicide 2020 - 2021

	2020	2021
<b>Harassment by husband and family disputes</b>	19.2%	18.7%
<b>Chronic diseases and Physical disabilities</b>	11.9%	13.1%
<b>Mental disorders</b>	11.5%	9.5%
<b>Disappointment and frustration due to love affairs</b>	9.8%	10.4%
<b>Economic problems and poverty and in debt</b>	6.5%	5.2%
<b>Addiction to narcotic drugs</b>	4.2%	5.8%

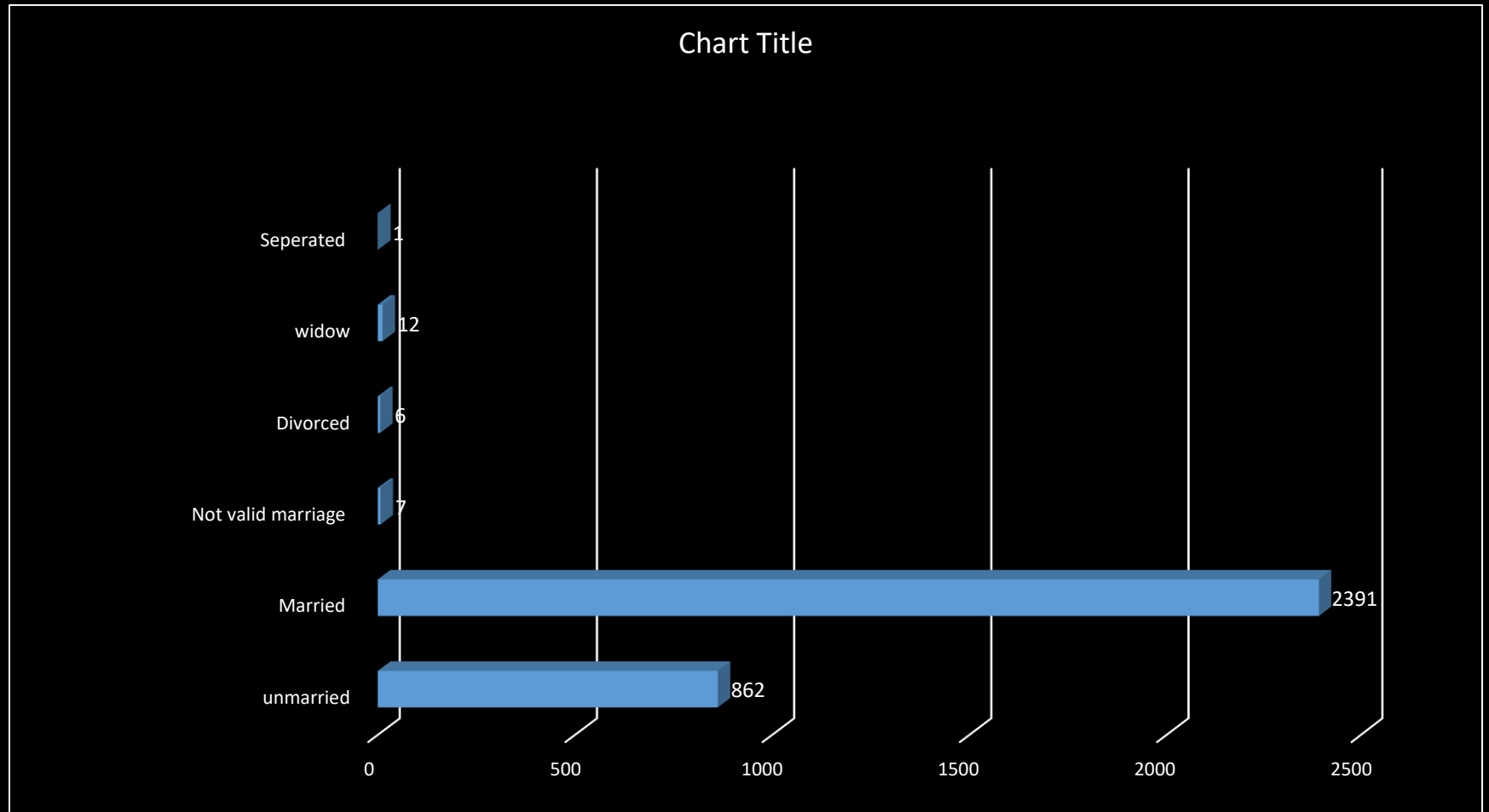
# Methods of suicide 2019 and 2021

	2019	2021
<b>Hanging</b>	61.1%	66.7%
<b>Ingestion of Pesticides and Insecticides</b>	22.5%	18.2%
<b>Drowning</b>	3.3%	3.7%
<b>Setting fire on one self</b>	3.1%	2.8%
<b>Jumping in front of a moving vehicle</b>	3.9%	2.2%

# Suicides – Occupation - 2021



# Suicides – Marital Status - 2021



**T H A N K**

**Y O U**

